

Women's Cross-Country

The women's program began in 1983 under Coach Jack Neville, who served as both the men and women's coach. Current Coach Brian Gorby took over as head coach in 1993. The women's program competed in the Ohio Valley Conference from 1983 through 1987 and the Mid-Con from 1992 through 2000 before joining the Horizon League in 2001. In the Horizon League the past four years, the women finished fourth in 2004, third in 2003, fourth in 2002 and fifth in 2001. In 1997, the Penguins won the Mid-Con team championship. Since 1992, the Penguins have had 17 all-conference performers, including individual champions Laura Thomas in 1997 and Andrea Cohol in 1999.

YSU played host to the 1995 Mid-Continent Conference Championships and the 2003 Horizon League Championships.

Prepared by YSU Sports Information Director Trevor Parks

Youngstown State Women's Cross-Country Records

Women's 5K

1.	Andrea Cohol	17:35	1996	Notre Dame Invitational
2.	Amy Vernace	17:45	1998	Mid-Con Championships
3.	Laura Thomas	17:52	1997	All-Ohio Championships
4.	Kim Rosenberger	18:05	1996	Notre Dame Invitational
	Emily Cicero (Schnitkey)	18:05	2004	Notre Dame Invitational
6.	Becky Rudzik	18:10	1996	All-Ohio Championships
	Chryssa Gearhart	18:10	1996	Notre Dame Invitational
8.	Lisa Davies	18:20	2003	Notre Dame Invitational
9.	Annabelle Hunt	18:22	1998	Mid-Con Championships
10.	Jen Moore	18:41	2000	Notre Dame Invitational

Women's 6K

1.	Lisa Davies	21:47	2003	Penn State National XC Race
2.	Emily Cicero (Schnitkey)	21:50	2004	Great Lakes Regional
3.	Marielle Glanz	22:34	2004	Great Lakes Regional
4.	Kim Jendre	22:41	2004	Great Lakes Regional
5.	Jen Moore	22:43	2000	Spiked Shoe Invitational
6.	Lindsay Wojciak	22:51	2004	Great Lakes Regional
7.	Andrea Bardy	23:07	2002	Spiked Shoe Invitational
8.	Gina Mavrikis	23:09	2004	Great Lakes Regional
9.	Jenn Wenhold	23:21	2003	Penn State National XC Race
10.	Annabelle Hunt	23:49	2000	Great Lakes Regional