



## Kylie Gamelier

Title: Assistant Swimming and Diving Coach

College: Toledo, 2009

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Kylie Gamelier is in her first year as an assistant swimming coach at Youngstown State University.

Prior to joining the YSU staff, she was the assistant swim coach and recruiting coordinator for Davidson College in Davidson, N.C. She also taught a Physical Education class, Fitness Swimming, where the students learned how to create dry land and swim workouts and was the Head Coach of Teen Fit.

Gamelier, who is a native of Cranberry, Pa., received her Bachelor of Science degree in Clinical Exercise Science from the University of Toledo in 2009.

While attending Toledo, she served as Performance Intern during spring 2009. Her duties included assisting the athletes with strength training, correcting form, editing video clips of their biomechanics, and testing the athletes before and after their workouts using the computer software, Dartfish.

In the summer of 2008, she served as a strength and conditioning intern at the University of Pittsburgh. Her job consisted of learning Olympic lifts and styles of strength training, correcting form, and developed different types of training circuits.

A four-year letter winner, she was the first swimmer in the history of the school to qualify for the Division I NCAA tournament and the Olympic Trials. She was awarded Most Valuable player of her 2008-2009 season and The Toledo Athletic Department's Senior Female Athlete of the Year.

She also set individual records in the 100 yard breaststroke, 200 yard breaststroke, and 100 meter breaststroke and relay records in the 200 medley relay and 400 medley relay.